



INTA 2026 Essentials: Where to stay, what to see and what to do

We're thrilled that **INTA 2026** is coming to **London**—the city where our firm was proudly founded and continues to thrive!

The recent INTA conference in San Diego was fabulous. We believe INTA in London will be a very exciting experience, but quite different from San Diego. London is a vibrant, bustling world-class metropolis that seamlessly blends rich history, a dynamic culinary scene and cutting edge innovation. The sheer size of London and the fact that the conference venue Excel is in East London and quite some way away from Central London, will make it even more important to plan your conference well ahead. Staying near any of the stations of the new Elizabeth Line that will take you to Excel, will probably be a good choice for most.

So to help you make the most of your visit, our London-based team has curated a go-to guide covering:

- Where to stay
- Things to do and see
- Where to eat and drink
- How to get around
- Apps to download before you arrive

Let's get started!

Places to stay

- INTA official hotels

Excel/London Docklands

Where the INTA conference centre will be located

- Novotel London Excel - 8-minute walk (INTA official hotel)
- Sunborn London Yacht Hotel - stay on a boat! - 6-minute walk
- Good Hotel London - 10-minute walk (INTA official hotel)
- Crowne Plaza London Docklands by IHG - 10-minute walk (INTA official hotel)
- Aloft London Excel - 6-minute walk (INTA official hotel)
- DoubleTree by Hilton London ExCel - 6-minute walk (INTA official hotel)

Canary Wharf

14 minutes on the Elizabeth Line to the Excel

- TRIBE London Canary Wharf (INTA official hotel)
- Hilton London Canary Wharf (INTA official hotel)
- Cove - Landmark Pinnacle, Canary Wharf (INTA official hotel)
- Britiannia International Hotel
- London Marriott Hotel Canary Wharf (INTA official hotel)

Central London landmark hotels

- The Waldorf - Covent Garden
- The Langham - Oxford Circus
- Radisson Blu Edwardian - Bloomsbury
- Claridge's - Mayfair
- Corinthia - Trafalgar Square
- The Hoxton - Holborn
- Pan Pacific Hotel - Liverpool Street
- The Savoy - Embankment
- The Ned - Bank (INTA official hotel)

Things to do and see

Landmarks to see

- The London Eye

- Tower of London
- Buckingham Palace
- Houses of Parliament and Big Ben
- The British Museum
- St Paul's Cathedral
- Shakespeare's Globe Theatre

Activities

- Watch a West End Show
- Climb the O2
- Visit Madame Tussauds
- Check out the V&A museum at both its original location in South Kensington and its new site in East London
- Visit the Bank of England
- Eat afternoon tea at the Ritz or Fortnum & Mason
- Visit us at our offices in Holborn

Shopping and markets

- Oxford Street
- Covent Garden
- Camden Market
- Borough Market

Places to eat

Excel/London Docklands

- Tapa Tapa - Spanish tapas
- Zero Sette Restaurant - Italian
- Yi-Ban - Chinese
- Lands End Restaurant, on board the Sunborn Yacht Hotel - British fine dining

Canary Wharf

- Gaucho - Steakhouse
- Big Easy - BBQ and seafood
- Roka - Japanese

- The Ivy - British
- Oysteria - Seafood
- Capeesh - Italian
- Hawksmoor - Steak and seafood
- Wahaca - Mexican

Liverpool Street

- Straits Kitchen - Fusion
- Sushi Samba - Japanese
- Duck and Waffle - European
- City Social - British
- Piccolino - Italian

Rooftop bars

- The Shard - London Bridge
- 1901 Wine Lounge - Liverpool Street
- Sky Garden - Monument
- Aviary - Shoreditch
- Madison - St Paul's
- Wagtail Rooftop - Monument

How to get around

From Custom House where the Excel is located, there are two tube lines:

- DLR
- Elizabeth Line

View the tube map [here](#). Visit the ExCel London website [here](#).

Alternative ways to get around:

- Cable car from IFS Cloud Royal Docks to Greenwich Peninsula - 9-minute walk from the Excel London
- Uber boat along the Thames

Taxis:

- London's iconic Black cabs
- Bolt
- Uber

Bikes:

- Lime Bikes
- Santander Cycles

Apps to download

- Citymapper - The ultimate transport app, to help you navigate around London
- Visit London - London's official visitor guide
- Open Table - Discover and book restaurants